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ARCLETTER



JULY 2008

Volume 08 Issue 7

Helping Children Learn Responsibility

Project Coordinators

Bonnie Lewallen

Michele Miller

Mission Statement

The Arc of Denton County, a non profit volunteer organization, is committed to expanding opportunities for people with any developmental disability to exercise the same rights, freedoms, and responsibilities as their fellow citizens by providing family support, public awareness, advocacy service and referral.

Phone or Fax: 800-375-4520

Phone or Fax: 972-436-8471

E-mail:

info@arcofdentoncounty.org

Website

www.arcofdentoncounty.org

A United Way Community
Partner



In order to learn to take responsibility, children need support, explanations and opportunities to be responsible. Instead of being told what to think, kids need lots of information about themselves and the world around them and the opportunity to make decisions based on that information.

Each child is unique and reacts to situations in different ways. They are motivated in different ways. Parents must learn what motivates each child, and how each child is likely to react to given situations-and teach accordingly.

The best way to teach responsibility is through daily and weekly routines. Personal hygiene and life skills. Setting an example is the best teacher. If a parent shows respect or takes responsibility for his actions, the child will learn to be respectful and take responsibility.

Children learn responsibility through pride in themselves and in their maturity and individuality. A parent's praise can go a long way toward helping a child become responsible.

The most important thing parent's must remember is that children do exactly what is really expected of them. We must treat children in the way we ourselves want to be treated.



JULY 2008

Membership forms on back page of newsletter

Join The Arc of Denton County and receive local, state, and national newsletters.

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16 Self Advocate	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Please call the Arc of Denton County at 972-436-8471 or 800-375-4520 or email us at info@arcofdentoncounty.org for any additional information on events listed above or check our website at www.arcofdentoncounty.org.



CLEANING OUT!!

Get involved with Arc! If you are cleaning out, please donate clothing and household items. Call 214-337-8900 to schedule a pick up of large items. If you have clothing to donate there are deposit boxes in Lewisville at this time. The locations we have at this time are:

- Terrys Supermarket on Fox
- Albertson's on W. Main
- Lowes, close to service road

WalMart Center on Main St (behind Payless Shoes)

Fox Ave. and I-35 as you exit Fox

WalMart at 3040 and 121

We will update this list as we get updates. The Arc of Denton County gets a percentage from the donated items for our programs.

Note: New boxes coming to eastern Denton County soon!

JOIN A COMMITTEE

Volunteers who would like to get involved in the programs that The Arc of Denton County presents should call the office, We have many different opportunities that you might enjoy. Here are some of our current needs:

Semi Formal event: decorating and getting donations for this.

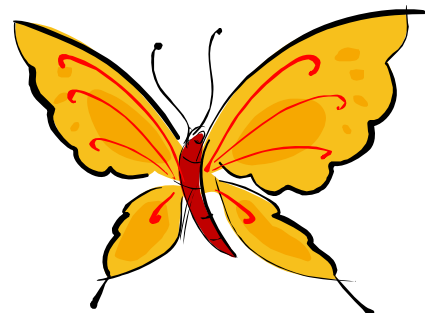
Socials: Interacting with people, baking goodies, furnishing paper goods

Fundraising: we need a chairperson for this committee

Publicity: We need someone to get info out

Advocacy Is.....

1. Helping parents help themselves
2. Building confidence so parents are able to help themselves
3. Supporting efforts towards independence
4. Providing necessary tools for appropriate decisions and appropriate action
5. Informing parents of their rights
6. Helping parents get their rights
7. Analyzing a problem and pinpointing areas of responsibility
8. Stating options available to resolve a problem
9. Providing technical assistance and training
10. Providing assistance in locating appropriate services
11. Referring to appropriate agencies
12. Lobbying for necessary legislation
13. Agitating to get legislation implemented
14. Organizing for change
15. Initiating new services
16. Investigating grievances
17. Following up on complaints
18. Going to court when other avenues have failed to get results
19. Bringing parents and groups together for mutual support and action
20. Advocating and/or interceding on behalf of parents only when they are unable to help themselves
21. A partnership with parents, with mutual sharing of information, tasks and action



Donate to the Arc of Denton County while surfing the net

HELP THE ARC EARN MONEY



Raise money for The Arc of Denton County

By searching the Internet online with GoodSearch!

www.goodsearch.com

DONATIONS

K. Lewallen

MEMBERSHIP

Self Advocate Leaders of Denton County

The Self Advocate group has been very busy with elections of officers and planning their trip to the yearly Self Advocate Conference in Austin. The conference will be held August 8th—10th. If you have not let Bonnie or Michele know that you are planning to attend please do so no later than June 20th.

Elections were held at the May meeting. The Self Advocates used the voting skills they learned and voted by picture ballot. The results of this election were:

President: Marshall West
 Vice President-Brad Marcus
 Secretary-Jocelyn Schuh
 Treasurer-Billy Malmer

If you are 18 years of age and older and are interested in joining the Self Advocate Leaders of Denton County or just want more information on what all they do, please email Bonnie at bonniel@arcofdentoncounty.org or call at 972-436-9372 or 800-375-4520.



MAILING LIST FOR THE ARCLETTER

If you no longer need your name on our mailing list please email us at info@arcofdentoncounty.org or call us at 972-436-8471 or 800-375-4520 and let us know.

If you receive the newsletter through school and would like to get a copy at home please let us know that also .



THE ARC'S CLASSIFIED ADS

**Darin and Angie Yocum, Realtors,
RE/MAX DFW Associates II**



- Denton County Residents
- RE/MAX International Hall of Fame
- Certified Luxury Home Marketing Specialists

972.402.4185



Please call us for a free Custom Market Analysis of your home
972.402.4185

www.teamyocum.com
teamyocum@verizon.net

Each office independently owned and operated

THE ARC OF DENTON COUNTY'S WISH LIST

Silk Flowers
Projector to use with laptop

Barbara Hokamp, Ph.D. Announces the opening of her practice in a wide range of counseling in infant and toddler health. Dr, Hokamp has her degrees (B.S. in Special Education from Trinity University, M.A. in Special Education from TWU and her PH.D. in counseling psychology from TWU) in related fields of special interest to parents, educators, care providers, and consumers.

(940) 387-1680

Barbara J. Hokamp, Ph. D.
Postdoctoral Resident
Adults, Adolescents, Individual and Couples Therapy

Play Therapy
Child Parent Relationship Therapy

927 N. Locust
Denton, Texas 76201

Ads

\$15 a month \$150 a year

NOTES OF INTEREST

Mailing List on the mailing list!

If you receive our newsletter home from school and want to receive it in the mail, please call or fax us at:

800-375-4520
972-436-8471

Or email us at:
info@arcofdentoncounty.org

The New Idea
Download or view a copy of the revised manual on the Arc of Texas website at
www.arcoftexas.org

This has information you need before attending an ARD at your school.

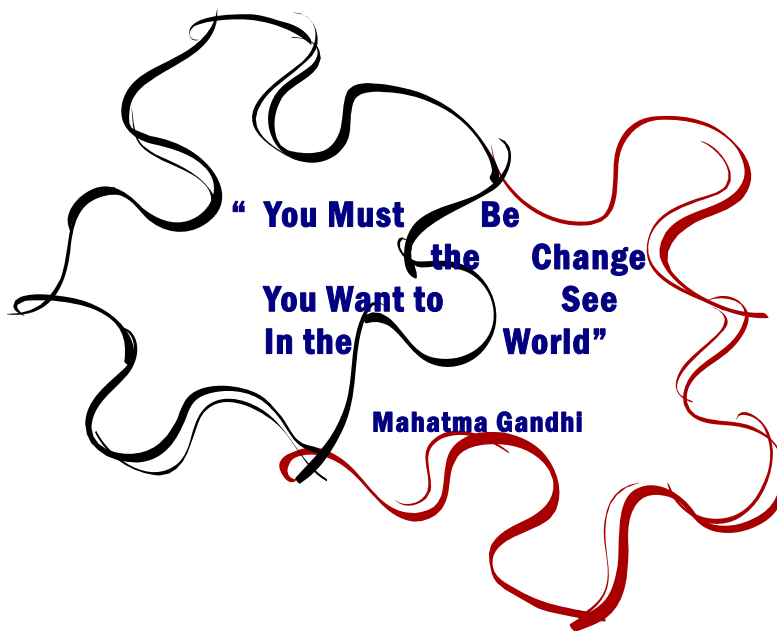
We will be glad to put you

Self Advocate meetings are the 3rd Wednesday of each month and are held at 3600 E. McKinney St. Suite A in Denton. The meeting hours are 7:00 –8:30 pm.

The meetings are open to anyone over the age of 18 with a developmental disability..

Please join us and develop leadership skills, learn more about your rights and responsibilities, and learn about voting and decision making. These are just examples of the meeting topics

Call The Arc of Denton County at 972-436-8471 or 800-375-4520 for more information about



LIGHTING UP OUR LIVES

The formal dance “Lighting Up Our Lives” will be held on Saturday, September 13th. Letters requesting information on who wants to attend and if they need help with a dress have been sent to all the addresses we have. If you have not received a letter please call the Arc at 972-436-8471 or 800-375-4520 and let us know.

We will have to limit the number of people who attend, so you will have to have a reservation. RESERVATIONS WILL BE ON A FIRST COME FIRST SERVE BASIS. You will be sent a ticket and can not get in without one. There is no charge to you for this event.

Females will be given a dress if needed and we will try our best to get gentlemen their attire if they do not have dress pants, shirt and tie. We also need to know this information. When you get your information to us we will call you with the time for you to try on your dresses, etc. We will have our fittings at Paso a Paso on Saturdays in June. We have volunteers that will do alterations if needed.

This is a semi formal affair and we want everyone to look so beautiful.

Please help us out by getting the information to us as soon as possible.

Thank you, Bonnie Lewallen

The Arc of Denton County Needs a Few Great Men and Women

Publicity Person– a person needed to contact newspapers, television stations, radio, etc. with information about events held during the month. This can be done from home and Arc will email you a list of events for each month.

Fund raising Chairperson-an individual with fundraising ideas for The Arc of Denton County and the Self Advocate Leaders of Denton County. This person would research ideas and help us with preparing for these events.



Available space-the Arc has outgrown our space for quarterly socials and we really need to find another location. It needs to be able to hold up to about 125 people. Our budget is stretched, as all non profit groups know, so we would love to have a donated space if at all possible or one with minimal cost.

If anyone would like more information on these positions please call The Arc of Denton County at 972-436-8471 or 800-375-4520.

**Thanks to all the staff at our Denton County Schools for making
2007-2008 a great school year.**



Membership Form

- Self Advocate \$15
- Member or Family \$20
- Supporting Member \$50

Check all that apply

- Interested citizen
- Self Advocate
- Professional in field of disabilities
- Parent/Relative of child with developmental disabilities
- Parent/Relative of Adult with developmental disabilities

Name: _____

Address: _____

City,State.Zip: _____

Phone: _____

Cash or Check enclosed for \$ _____

Payable to:

The Arc of Denton County

P.O. Box 1279

Denton, Texas 76202

THANK YOU FOR YOUR SUPPORT OF THE ARC

The Arc of Denton County

P.O. Box 1279

Denton, Texas 76202

Phone: 800-375-4520

972-436-8471

Fax: 972-436-8471

Email: info@arcofdentoncounty.org



Non Profit Organization

U.S. Postage

PAID

Lewisville, TX

Permit No. 230

*If you have an address change, or prefer an e-newsletter, or want your name removed from our mail list, please notify us at info@arcofdentoncounty.org or contact us at 972-436-8471 or 800-375-4520.
The editor of the ArcLetter writes as a non-professional. We attempt to report items of interest to our members. These items are not necessarily endorsed by The Arc of Denton County or reflect the opinion of The United Way. The Arc of Denton County does not promote any therapy, institution or professional system. Our desire is to bring information to families in an attempt to create an informative dialogue.*

A United Way Partner Agency

